

PRECISION BRAIN, SPINE & PAIN CENTRE

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Neurosurgery, Spinal Surgery, Neurology, Pain Management, Psychiatry, Psychology

16 September, 2014

Mr Yianni Zaparas
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Dear Mr Zaparas

Re: Siva Reddy DOB: 23/11/69
Ph: Mob Ph: 0430 866 234
Your Reference No.: YZ-MM-MM-224464

My name is Dr Ales Aliashkevich of 115 Cotham Road, Kew, Victoria. I hold a Fellowship of the Royal Australasian College of Surgeons, and am a practicing Neurosurgeon in Victoria.

Below is a Medical Report on Mr Siva Reddy, as per your letter of request from 5 September 2014.

This 44-year-old patient attended an appointment in the Frankston Consulting Rooms for the purpose of this report.

A. History given

Mr Reddy has reported that he was employed by Nissen Australia as a machine operator since 2010, and was lifting weights up to 8 kg. Since March 2011 he suffered from pain in his low back area and was managing his symptoms conservatively. He has been off from work on and off because of his back pain, and has also been working on an occasional basis with Adecco Industrial, and acted as a moulding machine operator. He was also working with the food industry around 2011. In April 2012 he started his job as a mechanical fitter with Packard Australia on a full time basis. He was seen by Dr Jayantha Rupasinghe, Neurologist, in November 2012 with symptoms of continuous lower back pain day and night, aggravated by walking, getting down steps, bending, shifting and twisting movements. He was also complaining about radiating pain from the left hip downwards. He had tingling in his feet, left more than right, and also had pain in his neck and mid-thoracic spine. Dr Rupasinghe had arranged an MRI scan of the whole spine and brain.

With the mild changes revealed on the MRI scan of his spine, he was referred to Richard Bittar, Neurosurgeon, for an opinion, but is still on the waiting list in the Royal Melbourne Hospital. On 12 February 2014 Mr Reddy pushed a heavy truck engine at work, and experienced pain aggravation in his low back region. Previously he had to push heavy gearboxes on a regular basis. Following this injury he was struggling working full time, and had to reduce his job to part time from 21 March 2014. He was working for four hours per day, four days per week on lighter duties until 30 May 2014, when he had to stop work completely.

Mr Reddy has been seen by a number of specialists, including Dr Chris Xenos, Neurosurgeon, Dr Girish Nair, Neurosurgeon and Dr Justin Hunt, Orthopaedic Surgeon. A repeated set of imaging of his cervical and lumbar spine was arranged on 25 March 2014, showing again relatively moderate protruded discs without clear neural compromise. An MRI scan of the brain performed on 1 August 2014 showed some asymmetry of the cerebral sinus, as a variant of normal anatomy.

On 1 July 2014 Mr Reddy underwent a left L5/S1 epidural steroid injection, with no benefit whatsoever. He was on regular Endone and Lyrica, and recently his medication has been changed to Palexia and Lyrica.

Precision Health is Tele Health ready